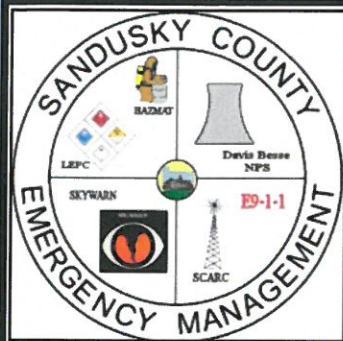


Newsletter  
January 2017



Sandusky County  
Emergency Management Agency/911

# JANUARY



## Winter Weather

Hints for surviving winter storms and the extreme cold:

- Stay inside as much as possible during the winter storms and extreme cold.
- Walk very carefully on snowy, icy walkways.
- Avoid overexertion when shoveling snow. Overexertion can bring on a heart attack—a major cause of death in the winter. Use caution, take breaks, push the snow instead of lifting it when possible. If you have to lift it, lift lighter loads.
- Keep dry. Change wet clothing frequently to prevent a loss of body heat. Wet clothing loses all of its insulating value and transmits heat rapidly.
- Signs of Frostbite: Occurs when the skin and body tissue just beneath it freezes. Loss of feeling and white or pale appearance in extremities, such as fingers, toes, earlobes, face and the tip of the nose. Frostbite will affect animals too. During periods of extreme cold, be sure to provide your pets with good shelter to prevent them from suffering frostbite.
- Signs of Hypothermia: Dangerously low body temperature, uncontrollable shivering, memory loss, disorientation, incoherence, slurred speech, drowsiness and apparent exhaustion.
- Drive only if it is absolutely necessary. If you must drive, travel during the day, don't travel alone, stay on main roads, avoid shortcuts and inform someone of your schedule. They should know your destination, route, and expected arrival time.
- If your pipes freeze, remove any insulation and wrap pipes in rags. Completely open all faucets and pour hot water over the pipes, starting where they were most exposed to the cold.
- Maintain proper ventilation when using kerosene heaters to avoid toxic fumes. Refuel kerosene heaters outside and keep them at least 3 ft. away from flammable objects. Conserve fuel by shutting doors to rooms you're not using.

A few helpful hints to beat out Old Man Winter this season. Have a VERY Happy New Year!



### Contact Information:

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### Upcoming Events:

January 1st— New Year's Day  
January 9th— DART Meeting 7 pm  
January 16th— Martin Luther King, Jr. Day  
January 24th— ARES Meeting 6 pm  
January 25th— LEPC Meeting 1:30 pm  
January 30th— 911 Meeting 9 am