



Sandusky County
Emergency Management Agency/911

JANUARY



Hints for surviving winter storms and the extreme cold:

- ◆ Stay inside as much as possible during the winter storms and extreme cold.
- ◆ Walk very carefully on snowy, icy walkways.
- ◆ Avoid overexertion when shoveling snow. Overexertion can bring on a heart attack—a major cause of death in the winter. Use caution, take breaks, push the snow instead of lifting it when possible. If you have to lift it, lift lighter loads.
- ◆ Keep dry. Change wet clothing frequently to prevent a loss of body heat. Wet clothing loses all of its insulating value and transmits heat rapidly.
- ◆ Signs of Frostbite: Occurs when the skin and body tissue just beneath it freezes. Loss of feeling and white or pale appearance in extremities, such as fingers, toes, earlobes, face and the tip of the nose.
- ◆ Layer up! Wear layers of lightweight clothing to stay warm. Gloves and a hat will help prevent losing your body heat.

Don't forget your furry friends. Bring pets indoors. If they can't come inside, make sure they have enough shelter to keep them warm and that they can get to unfrozen water.

ICE
GOLD



Contact Information:

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Upcoming Events:

January 1st– New Year's Day
January 13th– NW Hazmat Conference
January 15th– Martin Luther King, Jr. Day
January 29th– 911 Meeting @ 9am EOC
January 31– LEPC Meeting @ 1:30pm EOC